

KING COUNTY ALCOHOLISM AND SUBSTANCE ABUSE  
ADMINISTRATIVE BOARD

REGULAR MEETING

JANUARY 21, 2003

**Members Present:** Linda Brown, Joan Clement, Nancy Code, Pam Detrick, Roger Goodman, Jim Harbaugh, Bob Seidensticker, Yasmin Smith

**Members Excused:** Scott Strawn

**Staff Present:** Rhoda Naguit, Jim Vollendroff

**Guests Present:** Gerry Coughlin, Ann Forbes, Alcohol-Drug 24-Hour Helpline; Carol Hoeft, Eastside/Therapeutic Health Services; Alan Greenbaum, Sharon Toquinto, AOD Prevention Program, Seattle-King County Public Health Department; Ken Nicholas, CPC-Bridgeway Recovery Program; Deb Schellman, State Division of Alcohol and Substance Abuse-Prevention Section; Tammy Wright, Auburn Youth Resources

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Board Chair Linda Brown convened the regular meeting of the King County Alcoholism and Substance Abuse Administrative Board (KCASAAB) at 12:05 pm. The meeting was held at the conference room of the Dutch Shisler Sobering Service Center.

I. INTRODUCTION

Everyone was asked to introduce him/herself.

II. REVIEW/APPROVAL OF MEETING MINUTES

Nancy Code made a motion, which was seconded by Jim Harbaugh to approve the December 16, 2002 meeting minutes as submitted. The motion was unanimously approved.

III. CHAIR'S REPORT

A. Annual Financial Disclosure

Rhoda distributed the Annual Financial Disclosure form to board members present and asked them to complete it and return to her at the end of the meeting. Members of county boards, commissions, committees and other multi-member bodies are required by the law (K.C.C. 3.04.050) to complete and submit annual statements of financial and other interests. This shall be filed with the King County Board of Ethics by April 15, 2003.

B. Board Liaison Reports

Nancy Code reported on the recent meeting of the Children and Family Commission (C&FC). An update on the original Report Card done two years ago was presented and discussed. The C&FC's report was featured in the Seattle Times. Nancy passed around a copy of the said article.

Roger Goodman said that the next Legislative Advocacy and Public Affairs Committee meeting, to be chaired by Eleanor Owen, is scheduled tomorrow. At the last meeting, the committee discussed the 2003 Action Plan for legislative advocacy and outreach, which includes:

- Monitoring legislative activities. A Calendar of Important Months was suggested to facilitate the planning of events and publicity that would occur on a particular month.
- Developing a Policy and Procedure for rapid response to issues, legislation or op-ed articles.

Roger also commented on the following issues:

- Governor's Budget – Good news! The Governor's Budget has a minimal impact on Division of Alcohol and Substance Abuse's (DASA) funding budget.
- Increase on Excise Tax on beer - There is a strong support among the members of the King County Bar Association (KCBA) for this particular issue. This would provide additional funding for alcohol/drug programs.
- Criminal Justice – The Governor's office has proposed releasing 1,200 prisoners, mostly non-violent drug offenders, earlier than sentenced if they go into treatment. This is one strategy to cut the state's budget deficit. Concerns were voiced of the county treatment system to adequately serve a new group of clients without additional treatment capacity. The board should continue to advocate for enough and appropriate treatment services. There was also concern that savings related to early release of prisoners and the closure of treatment facilities in King County might not go to treatment.

A proposed plan to provide job training for drug offenders was brought up. Jim Vollendroff stated that the County is exploring the idea of providing job training for the target population. Board Chair Linda Brown expressed the need to involve citizenry in advocacy and the need to plan for an integrated system of services.

C. Board Liaisons for Youth & Adult Providers Meeting

The Adult Providers Meeting is held every third Wednesday of every other month (February, April, June, August, October & December) at 9:00-10:30 am, followed

by ADATSA/Residential Providers Meeting at 10:30-11:30am at the Exchange Building Conference Room 6A. Youth Providers Meetings are held every third Wednesday of every other month (January, March, May, July, September, & November) at 10:00am –12noon. The providers rotate hosting the meetings.

Nancy Code volunteered to serve as Liaison for the Adult Provider meetings, with Pam Detrick as backup. Bob Seidensticker and Yasmin Smith will serve as main Liaisons for the Youth Providers with Pam Detrick as their backup.

D. REVIEW AND APPROVAL OF SENTENCING REFORM PANEL PLAN

The board will need to review and approve the Sentencing Reform Panel Plan for the use of funds from savings from the Sentencing Reform legislation. The review and approval time frame is tight since the plan must go to the County Council for review and approval before it is submitted to DASA on 15 March. In a discussion of how to efficiently review the plan while providing enough information for informed consideration, the Board decided to review the document by email. If further discussion is needed after this review, members are willing to consider a special meeting prior to the next Board meeting. Board Chair Linda Brown will email the plan to board members as soon as it is available, probably no later than Friday, February 7<sup>th</sup>.

E. Report on Sentencing Reform Panel

The Panel, which met on January 13, 2003, is finalizing the County Plan on how to use the funds from the criminal justice account. The Plan focuses on gaps in services to offenders in the Drug Court program, including residential treatment,, case management, transportation and childcare. Concern was expressed about DASA's reluctance to support case management as a part of the treatment continuum. Jim stated that DASA's position has changed and case management is now deemed an important component of continuum of service for our target population. DASA is considering case management as a possible Title XIX reimbursable service. Jim will keep the board updated on this issue.

The Plan is due to the County Council for review and approval by mid-February before it is submitted to DASA on April 1, 2003.

IV. ALCOHOL/DRUG PROGRAM COORDINATOR'S REPORT

Jim Vollendroff apologized for not doing an E-memo for this month due to an emergency surgery he underwent over the holiday.

The Division is considering forming a group or hiring a consultant to facilitate a discussion of how to use the various pots of available funding in King County that are intended to reduce the daily population of the jail and provide substance

abuse treatment for criminal offenders, some of whom also have mental health issues.

Copies of the Drug Trend paper were distributed.

#### IV. AGENCY BOARD PRESENTATION

##### A. Alcohol/Drug 24-Hour Helpline

Ann Forbes, Executive Director of A/D Helpline, stated that the facility has been in operation for 23 years as a largely volunteer-based operation, except the night shifts. The phone lines have been open without interruption seven days a week, twenty-four hours a day. Approximately 767 volunteers have worked with the agency. Volunteers are asked to commit to one year of service or about 200 hours as payback for the 80 hours of intensive training provided. The volunteers work 4 hours a day.

To keep up with modern technology, the agency has contracted with Empower to help them develop a data system. Recently, they sent out a survey to service providers.

Ann discussed their successful Domestic Violence Outreach Project, an innovative program that provides shelters and transitional housing for survivors of domestic violence. It also provides screening, individual advocacy, case consultation and community education. This program is funded by the King County Prevention Division. In addition the staff plans to apply for grants to get more funding for this program.

As a future endeavor, Ann Forbes, Gerry Coughlin and Dick Andrews plan to put together a book on the development of the program in response to Ken Starks' request to have written history of the agency. The agency is also planning the revitalization of the agency's building facility.

##### B. Auburn Youth Resources

Tammy Wright, Treatment Intervention Prevention (TIP) Program Manager, gave a brief overview of the services provided by their agency.

Auburn Youth Resources (AYR) is a private non-profit community-based youth and family service agency that has provided services to the South-King County area for 30 years. Historically the primary focus of service was on prevention. More recently the agency has developed a treatment program. Services provided include drug and alcohol assessments for schools, legal issues, and family and self-referrals. Alcohol and drug prevention groups are facilitated in middle schools in Auburn and Enumclaw, and West Auburn High School. The

agency also has an alcohol and drug early intervention/diversion group at the Black Diamond Community Center.

Tammy also shared other services offered at AYR, successes for the past two years, past challenges the agency faced and how these challenges have been addressed by the Agency. The two major challenges that the agency faces this year are funding and clients and parent compliance with treatment recommendations. Auburn is ranked number 3 in number of kids using drugs. Tammy provided a handout including a TARGET report of the agency completion rate, and a copy of the agency policies.

Board Chair Linda Brown thanked Ann Forbes, Gerry Coughlin, and Tammy Wright for their dedication and commitment to serving our target population.

F. Prevention Presentation

Sharon Toquinto, Manager of King County Alcohol and Other Drug Prevention Program, reported on the following:

- Updating the Collaborative Needs Assessment. On February 26<sup>th</sup> the AOD Prevention Program will meet with Tobacco Prevention Program, community members, and schools to review current data to update risk and protective factors for King County
- Healthy Youth Survey training. On February 18<sup>th</sup>, there will be a training by the Division of Alcohol and Substance Abuse (DASA) on the most recent Healthy Youth Survey in preparation for the Collaborative Needs Assessment.
- The AOD Prevention Program worked with Juvenile Drug Court to develop a short-term parenting support pilot project in an effort to increase participation of parents in their youth's Drug Court involvement. Two private non-profits that provide treatment services to youth, Central Youth and Family Services and Kent Youth and Family, worked with the AOD Prevention Program to implement the pilot project which has now ended.
- The multi-ethnic Strengthening Families grant, has just been completed and the final report is being prepared. The program was awarded two CSAP grants that spanned four years. The parenting curriculum used in the program was modified during the program with participants' input to ensure cultural relevancy. Materials for this program have been translated into different languages.
- The AOD Prevention Program will move from Wells Fargo Center to Yesler Building on January 27, 2003.

- Project STEPS. Dr. Gary Goldbaum, the Project Director, spoke about the CSAP Ecstasy grant that the AOD Prevention Program received to build infrastructure including prevention related to the use of Ecstasy and other club drugs. One function of the project is to collect data to know what is happening locally. They have sub-contracted with the University of Washington to conduct the survey with young adults who attend raves and clubs. The Prevention piece of this grant will be the development and use of a best practice Project Alert including a component on club drugs information directed at educating parents about club drugs. Community organizations participating include Ruth Dykeman Youth and Family, Youth Eastside Services, WAPIFASA, and Parent Party Patrol.

G. Update on Plans for Use of Savings from CHAT & NRF

The current budget proposal is that these savings will be used to provide treatment services for offenders with co-occurring disorders (COD) although the initial discussion of use of these funds included using part of the money for methadone treatment for offenders. Board Chair Linda Brown distributed a memo providing some background on issues related to access and funding of methadone treatment. Due to time constraints, the board was not able to discuss the issues in a more detailed fashion.

Board Chair Linda Brown emphasized the importance of the Board being clear about their position on methadone treatment and the need to advocate for their position. On State level, there is a concern that the State could remove methadone treatment as a Title XIX reimbursed service. This controversial issue came up as a result of a letter from the King County Bar Association (KCBA) to the Department of Social and Health Services (DSHS). KCBA has cautioned DASA of potential legal actions against the state to force compliance with Title XIX requirement of timely access to methadone treatment by individuals who are drug involved offenders. The Board is concerned about the potential consequences of this action by the KCBA.

On County level, the issue is how much of the approximately \$800,000 that became available with closing of the Cedar Hills Addiction Treatment (CHAT) and North Rehabilitation Facility (NRF) will be used for methadone treatment. Initial discussion of the use of these funds included COD and methadone treatment programs. At the present time, the County Council budget allocates all the funding for COD services. The board strongly advocates that a portion of the \$800,000 savings be used for methadone treatment for chemically dependent offenders.

Jim stated that he supports continued funding for methadone services in the community, not methadone treatment in the jail due to current wait lists, which

can be up to 18 months. The methadone treatment should be a continuous service for people who are already in the system.


On record, the board supports community based methadone treatment for offenders to be funded with a portion of the \$800,000 savings from CHAT and NRF. Jim informed the board that the County Council would make the final decision on the allocation of the \$800,000 funding.

There being no further business, the meeting was adjourned at 1:50 p.m.

Prepared by:

Attested by:

Rhoda A. Naguit  
Recording Secretary

  
Linda Brown  
Board Chair

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